

**F. No. Z.28015/112/2025-H-I[FTS- 8341654 ]**  
**Government of India**  
**Ministry of Health & Family Welfare**  
**(Hospital-I Section)**

.....  
Nirman Bhawan, New Delhi  
Dated 12-06-2025

To

The Heads of the Hospitals/Institutes(As per the list attached)

**Subject: Instructions regarding celebration of 11th International Day of Yoga on 21.06.2025- reg.**

Sir/Madam,

I am directed to refer to DO letter dated 05.06.2025 received from Secretary, Ministry of AYUSH (copy enclosed) on the subject mentioned above. It is requested to share the relevant materials (also compiled in the Google Drive link(mentioned in the DO letter)) on your official social media platforms and contribute in promoting the message of Yoga.

2. It is also requested to submit a detailed list of activities proposed to be conducted in the hospitals/institutes on International Day of Yoga 2025 (21.06.2025) by 12.06.2025

Enclosed : As above

Yours faithfully,

Digitally signed by  
ABHISHEK PANDEY  
Date: 12-06-2025  
14:42:36 (Abhishek Pandey)  
Under Secretary to the Govt. of India  
Tel. No. 011-23061203

**List of Heads of the Hospitals/Institutes**

1. Medical Superintendent,  
Atal Bihari Vajpayee Institute of Medical Sciences &  
Dr. Ram Manohar Lohia Hospital  
New Delhi, Delhi 110001
2. Medical Superintendent (I/C)  
VMMC & Safdarjang hospital  
New Delhi - 110 029
3. Director, LHMC  
Shaheed Bhagat Singh Road,  
DIZ Area, New Delhi, Delhi 110001
4. Director,  
Regional Institute of Medical Sciences  
Administrative Block,  
Lamphelpat, Imphal – 795004,
5. Director, NEIGRIHMS,  
Mawdiangdiang  
Shillong-793018
6. Director,  
Rural Health Training Centre & Hospital(RHTCH)  
Najafgarh, New Delhi – 110 043
7. Director,  
Regional Institute of Paramedical and Nursing Sciences , (RIPANS)  
Aizawl, Mizoram-796017
8. Director  
Kasturba Health Society(KHS)  
Sevagram, Wardha 442102  
Maharashtra, INDIA
9. Director, Vallabhbhai Patel Chest Institute,  
University of Delhi  
Delhi - 110007

वैद्य राजेश कोटेचा  
सचिव  
Vaidya Rajesh Kotecha  
Secretary



भारत सरकार  
आयुष संवत्सलय  
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,  
आई.एन.ए. नई दिल्ली-110023  
Government of India  
Ministry of Ayush  
Ayush Bhawan, B-Block, GPO Complex,  
INA, New Delhi-110023  
Tel. : 011-24851950, Fax : 011-24651937  
E-mail : secy-ayush@nic.in

Dear colleague,

**D.O.No.M-11030/18/2025-YN**  
05<sup>th</sup> June, 2025

As you are aware, Ministry of Ayush is leading the nationwide campaign for the 11<sup>th</sup> International Day of Yoga (IDY) to be celebrated on 21<sup>st</sup> June 2025, under the unifying theme "Yoga for One Earth, One Health."

In continuation of our collective efforts to maximise outreach and engagement, the Ministry has curated a comprehensive set of creative materials, social media posts, banners, videos, logos, and infographics highlighting various aspects of Yoga and the IDY 2025 campaign. These have been compiled and are accessible through the following Google Drive link:

[https://drive.google.com/drive/u/0/folders/1T9Jy4HSBpkdn\\_eXatOczeFosWL Ukmpw](https://drive.google.com/drive/u/0/folders/1T9Jy4HSBpkdn_eXatOczeFosWL Ukmpw)

In this regard, I request your esteemed Ministry/Department to kindly:

1. Share the relevant materials on your official social media platforms (Twitter, Facebook, Instagram, YouTube, etc.).
2. Encourage affiliated institutions and stakeholders to amplify this content and contribute to a Whole-of-Government approach in promoting the message of Yoga.

Your support will go a long way in making the International Day of Yoga a truly people-centric and participative celebration.

I shall be grateful for your kind cooperation.

With regards,

Yours sincerely,

(Rajesh Kotecha)

To,

All Secretaries of all Ministries/ Departments.